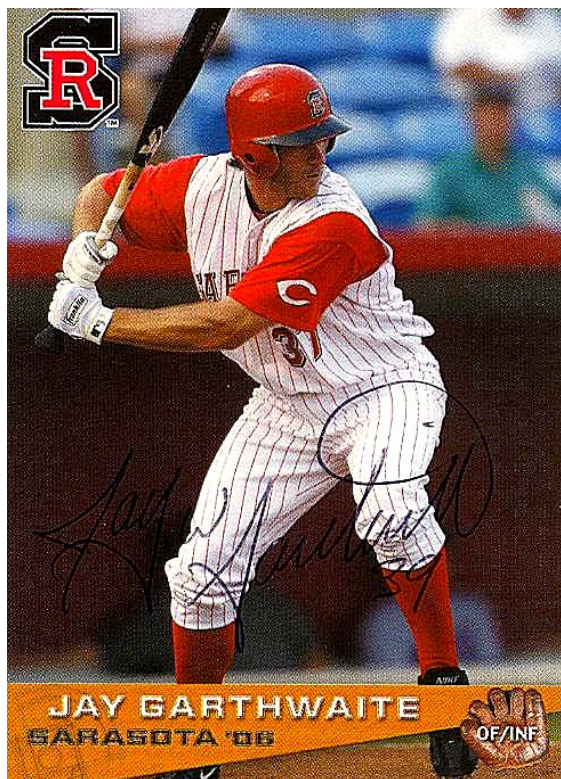


# BULLDOG BASEBALL

## INDOOR SPRING TRAINING

For Little League players age 9 – 13

January 4 – February 12 2010



Jay Garthwaite	Diamondbacks / Reds	Player Development
Derek Jennings	Wenatchee CC / LC State	Infield Coach
Brian Meisenheimer	GRCC / Mt Mercy University	Catching Coach

When the game is “on the line,”  
great players do NOT rise to the occasion.  
They rise to the level of their training.

The Bulldog Baseball Club was the first in the area to offer **INDOOR SPRING TRAINING** at the former Bulldog Baseball Training facility in Kent. We continue to offer the **BEST** instruction, now even better, in the **ONLY TRAINING CENTER** with a **FULLY NETTED INFIELD** and no posts.



View of our indoor infield from behind second base!

**Diamond Sports Training Center** 13712 24<sup>th</sup> Street East - Just off hwy 167 - 3 ½ miles south of the Auburn Super Mall

Each week for 6 weeks players attend intense 1 hr 30 min training sessions where they practice fundamental baseball skills under supervision of **Jay Garthwaite** (6 year professional player with the Diamondbacks and Reds) and the Diamond Sports Training Center staff. Players work in very small groups as they rotate through four or five training positions at each session. The practice sessions are organized like team practices to ensure that all aspects of the game are covered and the players are prepared for tryouts.

### Classes are offered:

Monday 6:00 PM

Saturday 2:00 PM

Saturday 8:00 PM

**Player fee \$179.00** includes Practice Jersey

For more information or to download a registration form, go to:

[www.diamondsportstrainingcenter.com](http://www.diamondsportstrainingcenter.com)

Or Call the training center: 253-987-5082  
Weekdays 3:00 AM - 9:00 PM or Weekends 8:00 PM – 9:00 PM